## Rehobility UK

**CHATHA COURT** 

# MENTAL HEALTH STEP-DOWN SERVICE

A brand new supported living facility in the heart of Walsall

#### **ABOUT US**

The RehabilityUK Group support over 700 adults across a range of settings and employs around 1200 people across the country. We specialise in supporting adults with complex needs to live their best possible life.

We are launching a brand new Mental Health Step-Down Facility on a supported living basis. Chatha Court is a flagship service designed to meet the unique needs of clients with mental health conditions.



#### THE LOCATION

Situated in the heart of Walsall, it is conveniently located within 5 minutes of a major supermarket, GP surgeries and pharmacies. Also nearby are the Walsall Arboretum Country Park and Hatherton Lake. The area boasts ample parking and transport links, with Walsall train station and the central bus station nearby.

#### **SERVICES OFFERED**

Chatha Court is a purpose-built stepdown 24/7 supported living Mental Health service with a core staffing structure and additional 1:1 support based on the client's assessed care needs.

Types of mental health diagnoses we can manage include Bi-Polar Disorder,

Schizophrenia. Personality, Eating and Anxiety Disorders. Severe Depression, PTSD, Disruptive and Dissociative Disorders, Trauma Recovery, Personality, Behavioural and Emotional Disorder Management.



#### **CARE APPROACH**

Using an outcome star model, the Chatha Court team is skilled in mental health recovery. We will help clients develop and maintain healthy relationships, cultivating the living skills to reach the independence required for community living. We aim to reduce the risk of relapse and re-admission to hospitals and the risk factors for substance abuse, offending and long-term institutionalisation.

#### **TYPES OF ACCOMODATION**

There are six ensuite bedrooms, ample communal spaces, and eight self-contained flats. The building is designed for clients with mental health conditions, and its features have been made secure to minimise potential ligature risks.

- Shared lounge and communal areas.
- Individual access control to living areas.
- Front and back garden.
- Accommodation finished to high standards.
- Wet-room bathrooms.
- Fully fitted kitchens with integrated appliances.
- Gated access, secure intercom entrances, and CCTV in public areas.
- Shared accommodation will include a complete set of bedroom furniture, including a wardrobe, chest of drawers, bed, and mattress.

### **GET IN TOUCH** WITH US



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#### **ADMISSIONS CRITERIA**

- Clients over the age of 18 with an enduring mental health problem or have been detained under the Mental Health Act.
- Clients with a forensic history.
- Complex psychological needs and risks to be safely managed in supported living accommodation.
- Clients with physical illnesses that contribute to the management of their mental health needs.